



# U.S. T.M.A.® TAE KWON DO

## MARTIAL ARTS ACADEMY HOME OF DISCIPLINE Winchester Class Schedule 2010

Tae Kwon Do

Discipline

Fine Performance

Healthy Mind & Body

Happy Life

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00 - 5:50 <b>Children</b>	5:00 - 5:50 <b>Children</b>	5:00 - 5:50 <b>Children</b>	5:00 - 5:50 <b>All Belts &amp; Family</b>
6:00 - 6:50 <b>Adults Only</b>	6:00 - 6:50 <b>Sparring</b>	6:00 - 6:50 <b>All Belts &amp; Family</b>	6:00 - 6:50 <b>All Belts &amp; Family</b>
	7:00 - 7:50 <b>Adults Only</b>		

- All Students should attend at least two classes per week.
  - Students should arrive at least 10 minutes before class for proper warm-up.
  - Do not interfere or disturb class in progress.
  - Students should call the school if they will be missing two or more classes.
- Schedule subject to change to avoid overcrowded classes

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